

WAIVER OF LIABILITY

Palm Greens Resident

I, (print full name): _____

have enrolled in (class): _____

To be conducted by (instructor): _____ On this Date: _____

The instructor who is not employed, affiliated or an agent of Palm Greens at Villa Delray Recreation Condominium Assoc. Inc. at the Palm Greens Clubhouse. 5801 Via Delray ,Delray Beach, Florida 33484:

I recognize that the program may involve strenuous physical activity including, but not limited to, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness activities. I hereby affirm that I am in good physical condition and do not suffer from any known disability or condition, which would prevent or limit my participation in this exercise class. I acknowledge that my enrollment and subsequent participation is purely voluntary and in no way mandated.

In consideration of my participation in this class, I hereby release Palm Greens at Villa Delray Recreation Condominium Assoc. Inc. and Women's Club of Palm Greens and its affiliates from any claims, demands, and causes of action as a result of my voluntary participation. I fully understand that I may injure myself as a result of my enrollment and subsequent participation in this class.

I further hereby release Palm Greens at Villa Delray Recreation Condominium Association, Inc., The Women's Club of Palm Greens and its affiliates, from any liability now or in the future for conditions that I may obtain. These conditions may include, but are not limited to, heart attacks, muscle strains, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees, injuries to back, injuries to foot, or any other illness or soreness that I may incur, including death.

HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS

Palm Greens Unit Owner/Renter/Guest Signature

Date

Resident Address