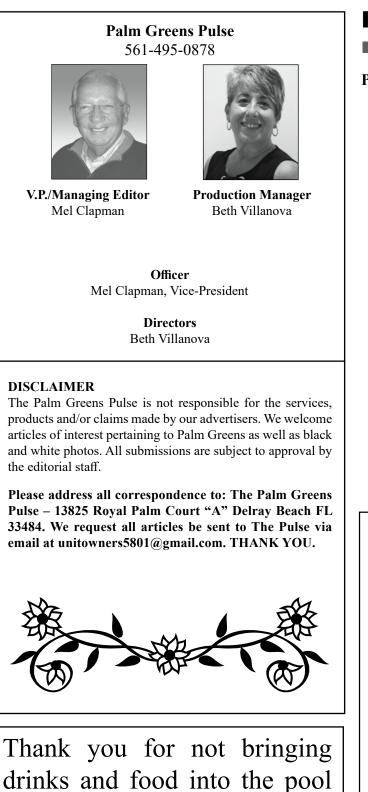
PALM GREENS PULSE

DECEMBER 2024

DELRAY BEACH, FLORIDA

Season's Greetings! happy, merry, joyous CHRISTMAS 5 ' HANUKKAH 31 KWANZAA RAMADAN



area. And thanks for cleaning up after you finish with your refreshments.



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Entertainment Committee Men's Club Movie Review Nobody Asked Me But... December Calendar of Events

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CONDO 1

The **Condo One** board of directors showed up to support their president, **John Pascarella**, as he and his group of fantastic vocalists performed at the **Halloween party** in the clubhouse at the end of October to kick off the upcoming season. They played all the music we love and dance to throughout the evening. We hope to see them back again soon and will keep you posted. Marcia Davis, president of the Four Seasons Club, brought her "A" game and her talented team who produced the event. The audience of residents showed up in costumes both gorgeous and innovative and prizes were awarded and accepted enthusiastically. The event sold out quickly so if you missed it, there is always next year but do not hesitate to get tickets for anything produced by the Four Seasons Club.

The annual **Budget** meeting was presented to the **Condo One** community on November 14th. We have been focused primarily on the development of larger projects such as new wells and fixing our landscaping while simultaneously reviewing and establishing smaller projects such as dryer vent cleaning, A/C drain line cleaning, and power washing on an annual schedule. Conservation of water will be discussed in the upcoming year as it is one of our largest expenses. It will be incorporated into the long-term planning process. **Long Term Planning** updates will be provided at monthly board meetings so residents know what to expect in the years ahead.

It is that time of year to prepare for the **Annual Election** of the **Board of Directors** and the process has begun with the initial information to residents. Castle Management will begin to forward the necessary information over the next month.

Happy Holidays to us all. May the season and new year bring us all health, happiness and security in our lives and within our community.



CONDO 2

Once again, welcome back to all our seasonal residents. We are excited to see you return and look forward to another fun and eventful season. We hope everyone had a wonderful Thanksgiving filled with lots of family and food.

The Breezeline account set-ups have begun, and many have already scheduled their installation date. If you have not, you can call 844-495-3129 to set up the account and schedule an installation date. With Breezeline you will be getting 3 TV boxes with voice remotes, internet and more channels than we were receiving along with HBO & Showtime. If you have any questions, ... please contact the management office.

Please remember that we do have the Satellite Pool and Pickle Courts available for Palm Greens 2 owners and residents.

The Palm Greens 2 Annual Meeting is coming up in January, please keep an eye out for the first notice and email.

If you have any questions or need any information, please feel free to contact the office at 561-498-1051 or stop by. The office is open Monday through Friday from 8:00am to 4:00pm.

We wish everyone a happy, healthy, and joyful Holiday season. Once again, welcome back everyone and let us make this an amazing winter.

WE CARE

As the name of our organization implies, we care for our friends and neighbors in Palm Greens to make sure that all their needs for being healthy are being taken care of.

We transport our residents and their guests to medical facilities, and we provide walkers, canes, and wheelchairs when they are in need.

To be able to do all that we have to do for our residents and their guests, we always are in need of volunteers. Without volunteers, any organization would have to hire people to do the job that is done now in Palm Greens.

Palm Greens is very fortunate that there are many volunteers that staff all our clubs, and staff our boards and they do so without any compensation. Otherwise, if we have to pay for this kind of service that the volunteers do, our maintenance would be triple what it is today.

If you have handicap items (walkers, wheelchairs, canes, etc.) to donate, please contact the Rec Office at 561-498-5316. No port a-pottys please, due to hygiene issues.

All items must be brought to the Rec Office as we cannot pick them up.

If you need assistance, drive up to the front of the clubhouse and we will help you bring them in. We thank you for your help.

Please give us 24 hours and leave your name and a telephone number where we can reach you.

ALLIANCE OF DELRAY RESIDENTIAL ASSOCIATIONS by Judy Goldberg



Here we are, December, with all of its joyous holidays and endless eating!

Wishing all of our Palm Greens family a wonderful Holiday Season, Merry Christmas, Happy Hanukkah and enjoy whatever holidays you celebrate. Have a safe, happy, healthy 2025!

We also want to thank Jerry Carlin and Bonnie Sanger for being our eyes and ears at this last meeting as I had to miss the meeting for personal reasons. They always do the best job of listening and note taking and we truly appreciate them!!!

Dr Lori Vinikoor, our President of the Alliance, started the meeting at 9:30 and introduced our guests. The main speaker was Joseph Abruzzo, Palm Beach County Clerk and Comptroller. He discussed how his office handles Investment Income (record highs in returns) to Protecting your property records, and how the Clerk's Office is ready to help you in 2025. Mr. Abruzzo is the CFO and Treasurer of the only County Office that is held <u>personally</u> <u>responsible</u> for our tax money!

The chain of command is Dorothy Jacks/assessor for PBC, Ann Gannon/collector of funds for PBC, and Joseph Abruzzo/bill payer. AI is changing how things are being processed. However, he assured us that it would not replace peoples' jobs. Originally it was done by hand, then computers, and now AI. While more streamline, our tax monies are always carefully accounted for and invested wisely to reap rewards. Since Mr. Abruzzo started his position as Chief Clerk, he has been very careful with investments and our growth is amazing. He does in-house research and investing. In 2022, we had \$33 million dollar revenue increase, 2023 showed \$172 million in interest earned and 2024 projected income will be \$230 million in extra income...extraordinary! By 2048 Palm Beach County will be debt free.

Most of the County Clerk's certified documents can be easily viewed online instead of going into the courthouse in person. Online, the chatbots(automatic voice response) will answer questions and there are self help videos. His office can expedite Passports with self-help service centers (modeled after Apple stores) located in all courthouse locations, however, Miami is the only place that can

THE FOUR SEASONS CLUB

by Eleanor Horowitz

Fun and good times are being planned for your enjoyment by the Four Seasons Club. In the year 2024



we presented special events including a BBQ, Musical Bingo, a Halloween party, a Mardi Gras celebration, American Bandstand night, Regular Bingo, a Greek night and our enjoyable Card Party. As the year comes to a close, our plans are in place for so much for you to enjoy!

We played Musical Bingo in November. What a fun night that was. It was amazing to hear all the voices singing the songs and winning prizes.

December 13 will be LATIN NIGHT. This festive evening will be brought to you jointly by the Four Seasons Club and the Women's Club. The special entertainment will be by Catabella and dinner will be catered by La Paella Chef. We hope to see everyone turn out for this festive night! Reservations are a must!

In January, we are having our CARD PARTY. Get your games together for a fun afternoon.

Watch the flyers and e-mails for reservations for both of these events.

FEBRUARY is the month for our gala ROARING TWENTIES celebration with entertainment by "HOT SAUCE MOON", back by popular demand. Special outfits are in order and what a great night it will be!!!

More special events will be presented as the year goes on.

Membership dues are \$20 per person. For membership questions please contact Ellen Euse at 781-608-3323. If you are interested in participating with the Four Seasons committee contact Marcia Davis at 857-204-4764.

We wish all of our members and neighbors Happy Holidays and a Happy New Year.

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FROM THE MANAGING EDITOR

by Mel Clapman



Last month of the year...and what a year it has been.

Please read this carefully. Effective

immediately, the Unit Owners Association has been dissolved. After one year of absolutely no activity, it was decided to discontinue the Association. For those residents who wish to sign up with Pride Air Conditioning, you can pick up a contract at the Rec Office in the clubhouse.

We are pleased to tell you that The Pulse will continue to publish from October to April, as usual.

On that note we are still interested in talking to any full-time resident who is interested in joining The Pulse as its future Managing Editor. Please feel free to contact me at 347-645-7671. Also, if you are currently working or own your own business, we ask you to consider placing an ad in The Pulse. Think about it. You are living in a community of over 2,000 people, some of whom you know, some who are friends, etc. Is it possible they could be prospective customers?

By the time you read this, Palm Greens activities should be in full swing. Let's take a look at the photos of the recent Halloween Party, the Men's Club Meeting and the Tennis Pizza Party as well as some of the other venues that we experienced.

And finally, I have an OOPS for you.

OOPS!

In my November article I did not mention that the Pickle Ball courts next to the small satellite pool in Condo 2 are for Condo 2 residents only. Apologies.



by Jorge Goyanes

Save, Save, Save

OK, I will be the first to admit that gas prices are getting out of hand. Prices have been creeping up the last few



months and the oil companies haven't hit us yet with the pre-holiday mysterious price increases that always happens around this time. Last week premium fuel was \$3.85 at my local Mobil station. This week 11/5 it is at \$4.10. Conicidence?

So here is an adjustment to my recommendation to use super unleaded all the time: it is OK to use the midgrade every other time when filling up. That way you do not have to take a second mortgage or sell family heirlooms to pay for it. If you want to take it to the lower grade, at least put in a can of fuel injector cleaner every other month or so to keep engine deposits (carbon) to a minimum.

Also bump up the air in your tires by 10%, that should work out to about 3lbs. That will increase your gas mileage by 5-10%. Get all the excess junk out of your trunk, just keep the essentials in there. Make sure the air filter has been changed or cleaned in the last three months.

In the spirit of saving let's take a look at a popular tire size: P225/60R16 this size fits late model Grand Marquis and Crown Victoria.

In a Michelin with a 80,000 mile warranty that tire is 159.95 + tax per tire

In a Hankook with a 50,000 mile warranty that tire is \$ \$99.95 + tax per tire

When a customer asks for help with a tire purchase, I ask a lot of questions to determine what is the best value for the customer. In this case, a customer that drives less than 7,000 miles a year, I would put in the less expensive tire because that customer will have his or her tires dryrot before they wear out so my rationale is why put them in a tire that is going to do that before it ever wears out or reaches the mileage warranty? Tire manufacturers do not cover dry-rot after 4 years of the tire's manufactured date. If the customer drove a lot of miles, then he or she should go with the better tire.

Hope this saves you a couple of bucks. As always be well, take care and check that air. Please feel free to contact me with car questions thru this fine magazine or thru my e/mail: cclinic200@aol.com or visit my website www.jorgegoyanesauthor.com

TENNIS COMMITTEE by Mark Melnick

Hopefully everyone had a fantastic Thanksgiving.

We are certainly thankful to be

back in the "swing" of tennis and happy to see all the residents returning to Florida. For those of you who are unfamiliar with our Tennis Program please stop down to the tennis courts any morning to check us out. Our rotation program has been underway since October and will continue through April. We always welcome new players to join us anytime during the season. You can contact us by email at <u>tnnscenter@gmail.com</u> or by phone at (561)303-1101 for further information or come down to the tennis office and someone will be glad to answer questions and get you signed up.

By registering with the Tennis Committee, you can participate in one of the best programs in the area. You will be able to participate in a unique rotation program, Palm Beach Senior Tennis League teams, as well as our events. Our Rotation program is on Mondays, Wednesdays, and Fridays with 90-minute sessions beginning at 7:30am. Rotation players are placed into matches with players of similar ability on a rotating basis. It's a great way to meet new people as well as improve your skills. The games are casual and friendly.

On non-rotation days there is open play. Registered players can reserve courts by signing up in the tennis office. Once team practices begin, Tuesday, Thursday and Saturday mornings will be reserved for teams. Open play is available any time after rotation or team activities are completed. The courts are available for play by nonregistered residents and their guests (when accompanied by a resident) anytime after rotation and team play unless the court has been reserved by the Tennis Committee. The courts are locked in the afternoons and can be opened with your clubhouse key. If you are the last one on the courts in the afternoon or evening, please relock the gate when you leave.

Courts 1 and 3 are available for evening play. The light switch is located on the side of the tennis office adjacent to court 1. If you use the courts after dark, please be courteous to our neighbors and remember to shut the lights when you finish playing.

Speaking of events, our first event of the season took



WOMEN'S CLUB by Steffi Carmel and Roberta Minerva



Can you believe it is December, time really does fly. We're getting ready to light the Christmas tree, the Hanukkah candles and all the other holidays we celebrate at this time.

The Women's Club is in full gear. Our Wine and Cheese Meet and Greet is December 6th. We hope all the women from Palm Greens and Delray Trails will join us. Looking forward to seeing old friends and making new ones. Fliers will be in the clubhouse and e-blasts sent out by the recreation office.

On December 13th, with the Four Seasons, we are having a HOT Latin night. There will be a great Latin band from Miami and we will be serving custom Paella. Since this is a catered affair all reservations must be in by December 1st. The return of our New Year's Day Brunch is for everyone in the community. Last year's brunch was one of the most popular days of the year. Once again, we must have your reservation in by the deadline on the flier. Our calendar is filled with fun. Please note there may be more events or maybe a change in a date. Fliers will be in the clubhouse and in e-blasts sent by the recreation office and be on their website.

It gives the Women's Club great pleasure that we have made the most wonderful friendships with our Palm Greens women and welcome the new women of Delray Trails. Wishing all of our families and friends good health, peace and a wonderful New Year.

911 CALLS Give your Court number/ letter in addition to your address. Valuable response time will be saved with this information.

TIPS FROM OUR TENNIS PRO

by Jim Boardman (USTPA Pro)

Three common mistakes at the net: 1. Over hitting your forehand

volley. The fix... Do not take such



a large backswing. Think of your forehand as 80% footwork and 20% your racket. Everyone naturally over hits their dominant side. Keep your racket inside your peripheral vision and keep your body moving through the shot. That way the mass of your body will help add power with control to your forehand volley. Also, it is distracting and intimidating when your opponent sees you moving forward.

2. Under hitting your backhand volley. The fix... Typically a player will under hit or push their backhand volley. They will have a difficult time adding pace to the ball which is coming slowly. Do not be afraid to take your racket farther back. (a bigger shoulder turn). When you first try to focus on hitting the ball harder, rather than worrying about the ball going in. After you master this, then start moving your feet through the shot as you hit. This will add more power to your shot.

3. Under hitting your overhead smash. The fix... Very typically, players will hit their overheads hard in practice, but during the match they will guide or push the ball. Let's say you received six overheads in a typical match. If you missed every one of these overheads it will not be the reason you lost the match. If you make all of them, it gets you off the court sooner. So, when you receive a lob think aggressively and positively. Picture your shot being successful. Reach high and accelerate your racket speed. Take all thoughts of missing or whiffing it out of your head.

If you practice on your day off, you won't have an off day.

Follow the arrows in the parking lot and make sure you are driving in the right direction.

COMPUTER CORNER

by Enio Cordoba

It's Not Coming, It's Already Here! In 1985 would you have believed that you could order groceries, control music and lighting devices by just



7

saying Alexa...? Would you have believed that you could do video phone calls or fall asleep and let your car self-drive? Science fiction? Can we say Roomba? Re-run the Terminator or Star Wars movies and pay attention to the robots. They are not in the future, they are already here. And if you have kids or grandkids that you care about, you may want to hear this. Though I could focus wholly on why seniors can use AI roBOTS in the future, first we should look at the implications of what they can and can't do. In researching this article, I came across a year-old YouTube of Tesla Bots and what they can do. Though they are promoting all the dangerous, repetitive and boring tasks that bots can do, there still will be humans programming them and now with artificial intelligence, the machines themselves will also be learning faster than we can teach them.

By 2034 there will be more 65-year-old people than 18-year-old kids. It is estimated that within 5 years we will have a shortage of 1.2 million caregivers. Since the incoming administration is fixated on expelling 10 million menial task workers, you get the picture. The law of supply and demand means that that cost will skyrocket

Many universities are focusing on developing bots to serve as companions or caretakers. Many questions though arise. Will they be there to tattle on me to my kids when I forget to turn off an oven? Will they tattle on me if I accidentally ran a red light, or got lost on the way home? Well, that 'bot' already exists. Your insurance company offers you a much-needed discount if you plug a device into your car. A device that tells them if you are driving according to their guidelines.

Currently, researchers are looking for ways to balance your needs, your wants for independence, your kids desire for your safety, as well as your doctors and lawyers' recommendations for your financial and physical safety. That creates a paradox when a healthy adult doesn't want the intrusion and doesn't want to accept the possibility of future decline. Yet if the bot were to be necessary later on, you would want it to provide personalized care, as if it had been

NO PRETZELS NEEDED by Terryl Jones

When people think of flexibility, they often envision someone twisted up like a pretzel. Since no one NEEDS to be in that position, they think that it's



not necessary to work on flexibility. Nothing could be further from the truth! Flexibility is a key component of mobility, and we are constantly hearing how the loss of mobility negatively impacts the quality of life for many seniors. So, what is the difference, and why do you need both?

Flexibility is the ability of a muscle to stretch; mobility is the ability of a joint to move through its full range of motion. Flexible muscles improve how well you can move; it is difficult to move a joint if the muscles and tissues surrounding it are too tight. So think of it this way: <u>Pain-free mobility is the goal and flexibility is</u> <u>a means to that end</u>.

Flexibility is lengthening the muscles. You have done this whenever you have reached for something on a high shelf or down to touch your toes. Now, you may say that you don't need to touch your toes, but you may need to pick something up from the floor, put on pants, or tie your shoes. It can be assessed by measuring your reach in various joints. Two of these tests are the Sitand-Reach and the Back Scratch test.

The Chair Sit-and-Reach is a lower-body flexibility test. (If you have osteoporosis, this test may be unsafe for you to perform. Be sure to follow any recommendations you may have received from your doctor. Start by sitting in a chair with legs hip-width apart. One foot is securely on the floor, the second leg is extended with the toes pointing upwards. Bending forward at the hips, reach your fingers towards your toes, and do not bounce or jerk. When you reach your end range, hold for 2 seconds. According to Silver Sneakers, the average 60–79-yearold can reach somewhere between 4 inches to their toes and 5 inches past their toes.

The Back Scratch test is an upper-body flexibility test. Stand up tall, reach one hand over your shoulder and down the middle of your back as far as possible, your palm towards your back. Reach your other hand around your side and up the middle of your back as far as possible, the back of your hand against your back. Without causing pain, try to bring your hands as close as

POINTS OF INTEREST FOR PALM GREENERS

by Mel Clapman

Well, I think we're going to end the year with a trip to a city that just makes you feel good all over when you say its name...**DELRAY BEACH!** It's just sitting there...a 15-20 minute car ride away....ready to offer you a variety of activities from museums to beaches, and everything in between.

If you've lived here for a while or are just new to the area, you should know that Delray Beach is an intimate beach town with a big-city personality. A vibrant South Florida community situated between Boca Raton and West Palm Beach. With accolades like "Most Fun Small Town in the USA" and "One of America's Happiest Seaside Towns", it's no surprise Delray Beach is such a popular destination. Delray Beach lets you soak up the Florida sun on the beach along the crystal-clear Atlantic Ocean by day and enjoy the lively atmosphere in downtown by night.

Here are just a few of the highlights and activities you'll experience when you spend some time in Delray Beach.

Explore Atlantic Avenue - Atlantic Avenue, also known as "The Avenue," is the pedestrian-friendly epicenter of downtown Delray Beach, renowned for its shopping, dining, and small-town curb appeal. Here, brick-paved sidewalks lined with palm and oak trees create a charming ambiance that makes for a perfect day or evening walk. Explore stylish fashion boutiques, art galleries, and dozens of gift shops to find one-of-a-kind treasures. And let's not forget the variety of restaurants, ranging from classic "good eaten"" to high-end dining.

Play Classic Pinball and Vintage Games at Silverball Retro Arcade - 19 NE 3rd Ave - Featuring more than 150 video games and pinball machines dating as far back as the 1900s, Silverball Retro Arcade brings a bit of nostalgia to visitors, evoking childhood memories for adults and creating memories for younger generations. The 9,000-square-foot museum offers classic video games such as Ms. Pac-Man, two floors of pinball machines, arcade games and even the original alleys from New York's Coney Island – Eldorado Arcade. The best part about it is that all the skeeball games are set to free play, which





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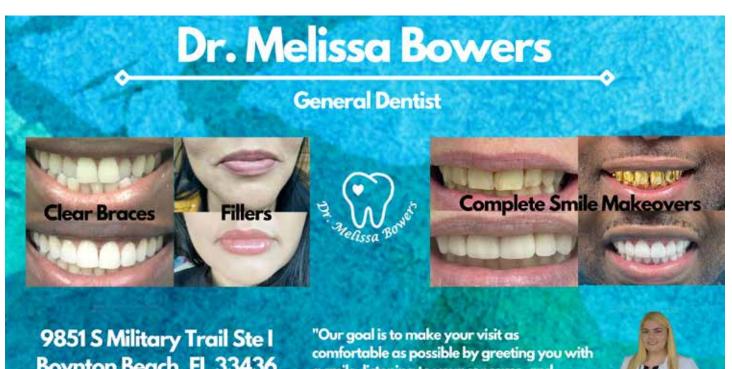
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Palm Greens Isn't Just A Pla

It doesn't matter what season we're in or the time of the year, Palm Greens activities are a never-ending venue of games, dancing, dinners and anything else that our residents find interesting. We have had a Halloween costume party, and a Veteran's Day ceremony, and as we go through this season there will be more events to keep you busy. These programs don't just happen. So, when you see the people who plan, manage and execute them, please take time to thank them.

Here are some photos from the Halloween party, the Veteran's Day event, the Downtown Delray Beach event, and other activities that are designed to give you that good feeling about living in Palm Greens.



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Brad Jaffe and his grandmother

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ALLIANCE OF DELRAY.. (continued from page 4)

expedite Passports for you.

Right now, ground zero for property fraud is attempting to steal homeowners property! You must file your address on line to get alerts. The website is: <u>www.</u> <u>mypalmbeachclerk.com</u>. Here you will have access to a variety of topics. There is a company called Title-lock. It is a third party that will charge you money to search your title. *DO NOT GIVE THEM MONEY FOR THIS SERVICE*! They use the PBC Clerks free website, so do it yourself! Don't pay them. Mr. Abruzzo did thank everyone for reelecting him for the 8 year term. We are in good hands with this financially talented person. One last comment, he said that single family homes sales have slowed, but property values are up.

Our next speaker was Captain Rob Sandt of the PBC Sheriff's Office. He just celebrated 30 years with the Dept. and thanks vigilant citizens and poll watchers during these recent elections. He was pleased to announce the retention of Ric Bradshaw. He informed us that auto crimes dropped 57%, and a 47% drop in auto burglaries. Also, traffic crashes are down 5%. Captain Sandt asked us to stay vigilant during this holiday season as scams are everywhere. When in a parking lot, look around when you approach your car. Please remember to LOCK YOUR CARS.

TENNIS COMMITTEE.. (continued from page 6)

place on November 14th. We played mixed doubles, followed by pizza and other goodies. There was a great turnout even though many of our members have yet to arrive. Thanks to Beth V and all of the volunteers who help make our events so special. Our next event will be a round-robin/pizza party on December 17th. Watch your email for signup info. In January we will be hosting the Palm Greens version of the Billy Jean King Cup and the Laver Cup. Our famous 4-pro event is scheduled for February and our annual Tennis "Ball" extravaganza will be in March.

Jim's clinics will begin this month on Tuesdays and Fridays at 11:30am. New or beginner players are invited on Tuesdays and intermediate players are welcome on Fridays. Please note that these times are subject to change and will be posted at the tennis office. There is no charge for these clinics. For those who would like additional instruction, speak to Jim about taking a series of lessons. Individual lessons cost \$35/half hour or \$179 for a series of 6 lessons. He also does group lessons as well as different strategy clinics. This is a great way to improve your game.

See you on the courts!!



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COMPUTER CORNER.. (continued from page 7)

POINTS OF INTEREST.. (continued from page 8)

with you for a long time. Even healthy adults have a cognitive dissonance between their true capabilities and their perceived capabilities and they don't want to be confronted by their diminished capacities.

The bot will need to change as you do. It will need to protect you as your capacity diminishes, from scammers, bad family members, exploitation. It will also have to learn when to disobey you. Like when you want to wander away from home to visit your long deceased relative. More and more you will be hearing the term AI. Good or bad? Maybe a little of both.

NO PRETZELS NEEDED.. (continued from page 8)

possible to each other. The average adult between 60 and 79 can get their hands within nine inches of each other.

Now that you have assessed your flexibility, you can start sneaking some stretches into your daily life. Stretching has multiple benefits. It improves balance and posture and can promote better breathing, which aids in stress reduction. It also improves mobility by increasing the range of motion. Remember that mobility is the ability of a joint to <u>move through</u> its full range of motion without pain or discomfort. Some examples of mobility are going up or down stairs, swinging a tennis racquet, rising from a seat, or even walking, so notice that mobility requires both flexibility and strength. Therefore, keep up your strengthening exercises while doing your stretches.

Many people focus on strength training and neglect flexibility and mobility exercises, which leads to tight, achy bodies and plateaus in sports. Both are needed for moving well, avoiding injury, and improving athletic performance. Most people see a difference in flexibility in about two to four weeks of effort. Eat your pretzels; you don't need to be one.

Thank you for not bringing drinks and food into the pool area. And thanks for cleaning up after you finish with your refreshments. means unlimited plays are included in your admission.

Find Serenity at the Morikami Museum and Japanese Gardens - 400 Morikami Park Road - The Morikami Museum and Japanese Gardens exude tranquility. From the moment you enter this stunning respite, you find yourself in an environment filled with beauty and scented by the sweet blossoms that bloom throughout. No wonder it's been dubbed one of the best places to visit in Delray Beach.

The 16 acres of gardens are immaculate and represent designs popular in Japan from the ninth to 20th centuries. Within the grounds, you'll find traditional bonsai trees, a koi pond, Turtle Island, and a sparkling lake. Another 200 acres of parkland is also primed for exploring, which is made easy by the winding pathways linking one section, including some small islands, to another.

The grounds are also home to Yamato-Kan, a museum housed on its own island. It features a selection of rotating exhibits and a large collection of items highlighting Japanese culture throughout the years. It's fashioned after a traditional Japanese villa, adding even further to the area's charm.

Don't miss out on lunch at the **Cornell Café**, where you can enjoy delicious pan-Asian fare with a fantastic garden view. Insider's tip: Visit during a traditional Japanese tea ceremony, which is held on select Sundays at the **Seishin-a tea house**.

Get a Hole in One at Putt 'n Around - 350 North East 5th Avenue If you're looking for a way to occupy the kids that doesn't involve getting sand in your swimsuit, check out Putt 'n Around. Boasting two 18 Get -hole mini putt courses (The Everglades and The Ocean), this tacky, yet awesome attraction oozes fun. Its waterfalls, lagoons, and bridges will capture your kids' attention and keep it. In fact, little ones will love their time here so much, they'll beg to play again once they've finished.

Insider's tip: Close to the restaurants on Atlantic Avenue, this is a great spot to spend time pre- or postdinner. Plus, evening golf offers the bonus of a more romantic and fun ambience featuring lights and upbeat music to guide players through the courses. Playing a round or two here is a perfect thing to do at night with or without the kids. For kids who just can't wait, they serve tasty treats like ice cream in the store.

ENTERTAINMENT COMMITTEE

by Walter Jacobson

The January 11, 2025 show will feature Marilyn Sanchez and Peter Fogel. They will appear in our clubhouse at 8pm on January 11.

Marilyn Sanchez is a singer who has sung lead roles in West Side Story, Camelot, Phantom of the Opera, Guys and Dolls, etc. Born in Miami of Cuban and Lebanese descent. She has been on TV shows, has done modeling and was named Miss. Caribbean 2009.

Peter Fogel has performed all over the world as a comedian, actor and playwright. He has also appeared on cruise ships and on TV shows.

Tickets will be \$20 apiece and shows will be held in our clubhouse auditorium. Tickets go on sale in the clubhouse January 6, 2025 from 10 AM to noon. If you cannot buy tickets on that date, call Joan Rozen-Jacobson 561-445-9796 to arrange to buy tickets.

Looking ahead: We have scheduled the February show for Friday, February 7. This comedian, James Stephens III, was so funny when we saw him at a Showcase last season and he was only available on the date we hired him. We think you will really enjoy him.

Our final show of the season will be Jose & Patti on March 18.

MEN'S CLUB

by Peter Dreifus

We hope that everyone enjoyed the November meeting. The December meeting will be on Sunday the 8th, and we welcome all Palm Greens and Delray Trails owners to the December meeting in the clubhouse.

We hope to have a good year and welcome any ideas you may have us look into for outside activities.



NOBODY ASKED ME BUT...

by Mel Clapman

...All the things I like to do are either immoral, illegal, or fattening.

...Everybody wants to save the earth. No one wants to help mom do the dishes.

...As a man in a relationship, you have a simple choice. You can either be right, or you can be happy.

...People waste their time pondering whether a glass is half empty or half full. Me, I just drink whatever's in the glass.



19

MOVIE REVIEW

by Mel Clapman

We all know Paul Newman (and love him, I would guess). And we all can probably name a few of his movies. But I have one that not many of you have seen, or even remember. It's called "Hombre".

The movie features Newman, Fredric March, Barbara Rush, Diane Cliento, Richard Boone and Martin Balsam.

In late 19th-century Arizona

an Apache-raised white man, John Russell, (Newman), faces prejudice in the white world after he returns for his inheritance (a gold watch and a boarding house) on his father's death. Deciding to sell the house to buy a herd of horses, Russell ends up riding a stagecoach with Jessie (Cliento), the house manager, and others, including Indian agent Professor Alexander Favor (March) and his aristocratic wife Audra (Rush). On discovering that John Russell is of Apache background, Professor Favor requests that Russell ride up top with driver Henry Mendez (Balsam). The stagecoach is robbed by a gang led by Grimes (Boone), who knew that Dr. Favor had been carrying money that he stole from the very Apaches with whom Russell grew up. During the robbery, the gang rides off, taking Mrs. Favor as a hostage. His fellow passengers now appeal to Russell to lead them to safety. After Russell scouts ahead, Dr Favor disarms Mendez. Russell returns as Favor is about to leave with the money and supplies, and Russell banishes him from the group.

Russell's instincts to protect the group clash with their morality and desire to save the Favors, especially when Grimes and his remaining gang offer to trade Mrs Favor for the money. Their pity for her life eventually outweighs the knowledge that Grimes is using her to bait a trap, and Jessie talks Russell into saving Mrs Favor. Russell descends from the group's hideout with saddle bags that he pretends are full of the money. Russell cuts Mrs. Favor loose, and she slowly and painfully makes her way back to the group.

As the movie reaches its conclusion, you are left with mixed feelings about the decisions that were made to save Mrs Favor. Over and above the story line and acting is the performance of Paul Newman, for whom this role was a first. We think you'll find it very enjoyable.



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29 Private Party 7PM	30 Meditation 4PM	31 Yoga 10AM Craft Class 1PM				
		Notes:				

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